

Compliance with FDA's New Nutrition Facts Label

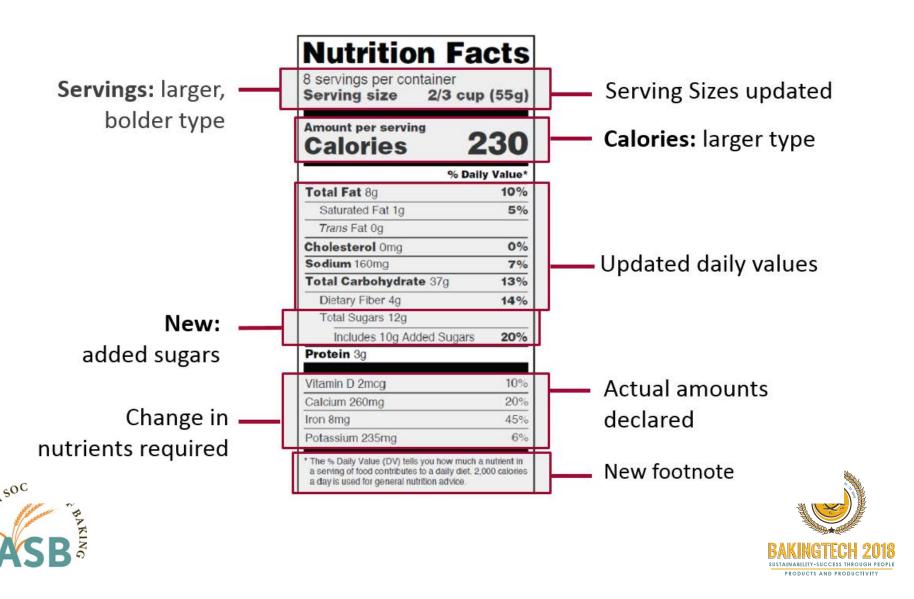
GENERAL COMPLIANCE PERIOD

Initiative	Final Rule	Requirement	Deadline		
Revisions of the Nutrition and Supplement Facts Labels*	July 26, 2016	New Label Requirements	January 1, 2020		
Updating, Modifying and Establishing Certain Reference Amounts Customarily Consumed and Requirements for Dual Column Labeling*	July 26, 2016	Additional New Label Requirements	January 1. 2020		
FDA's determination on Partially Hydrogenated Oils (PHOs)	June 16, 2015	Reformulate products to remove PHOs and/or petition the FDA to permit specific uses	June 18, 2018		
Disclosure of Calorie Information for Food Sold from Vending Machine	December 1, 2014	Ensure appropriate disclosure of calories on vending machine food.	July 26, 2018		
Menu Labeling	December 1, 2014	Calorie Disclosure of standard menu items in restaurants and availability of additional nutrition information	May 7, 2018		





What's Different?



RACC Changes

- Reference Amounts
 Customarily Consumed
 (RACC)
 - About 19% of the RACC amounts changes
 - Added 25 new categories
- Impacts serving size determination
- Impacts nutrient content and health label claims







Dual Nutrition Format

- For packages containing 200% to 300% of the RACC
 - One column of nutrition for a serving derived from the RACC
 - Second column of nutrition for entire package
- Multi-serving packages with discrete units where each unit is 200% to 300% of the RACC
 - One column of nutrition for a serving derived from the RACC
 - Second column of nutrition for entire unit





Dual Nutrition Format

2 servings per container Serving size 1 cup (255g					
Calories	Per Serving 220		Per Container		
		% DV*	5.	%DV*	
Total Fat	5g	6%	10g	13%	
Saturated Fat	2g	10%	4g	20%	
Trans Fat	0g		0g		
Cholesterol	15mg	5%	30mg	10%	
Sodium	240mg	10%	480mg	21%	
Total Carb.	35g	13%	70g	25%	
Dietary Fiber	6g	21%	12g	43%	
Total Sugars	7g		14g		
Incl. Added Sugars	4g	8%	8g	16%	
Protein	9g		18g		
Vitamin D	5mcg	25%	10mcg	50%	
Calcium	200mg	15%	400mg	30%	
Iron	1mg	6%	2mg	10%	
Potassium	470mg	10%	940mg	20%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a

daily diet. 2,000 calories a day is used for general nutrition advice.





Dietary Fiber

- Naturally occurring nondigestible carbohydrates and lignin
- Isolated or synthetic nondigestible carbohydrates that FDA has granted be included and have physiological effects beneficial to human health







Dietary Fiber

- Isolated or synthetic non-digestible carbohydrates approved by FDA
 - Beta-glucan soluble fiber
 - Psyllium husk
 - Cellulose
 - Guar Gum
 - Pectin
 - Locust Bean Gum
 - Hydroxypropylmethylcellulose





Added Sugar

Defined as:

- Sugars (free, mono- and disaccharides)
- Sugars from syrups and honey
- Sugars from concentrated fruit or vegetable juices
 - Exemptions:
 - Reconstituted to single strength in the formula
 - Concentrated from 100% and sold to consumers
 - Used toward the total juice percentage or Brix standardization for beverages
 - Used to formulate the fruit component of standardized jellies, jams, or preserves or the fruit component of fruit spreads



Recordkeeping

Dietary Fiber

 Manufacturer must make and keep records to verify the declared amount of dietary fiber when a mixture of dietary fiber, and added non-digestible carbohydrates that does not meet the definition of dietary fiber, is present in the food.

Sugars

- Manufacturer must make and keep records when a mixture of naturally occurring and added sugars is present in the food
- Where added sugars are subject to fermentation and/or non-enzymatic browning, records must be kept to verify declared amount of added sugars



Recordkeeping

Folate

 Must make and keep records of the amount of folic acid added to the food and the amount of naturally-occurring folate

Vitamin E

 Must make and keep records of the amount of <u>all</u> <u>rac</u>-alpha-tocopherol added to the food and the amount of RRR-alpha-tocopherol



